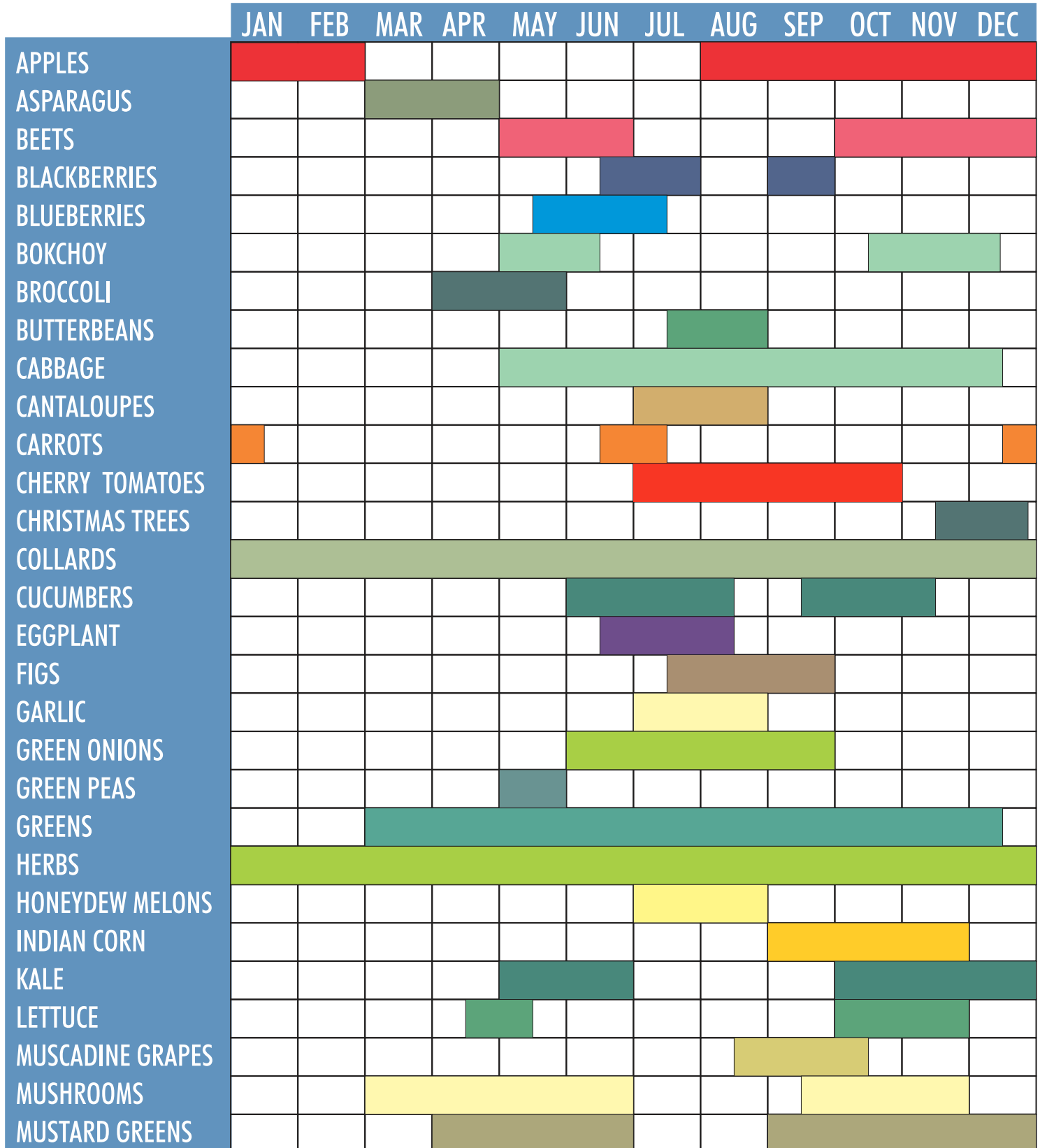
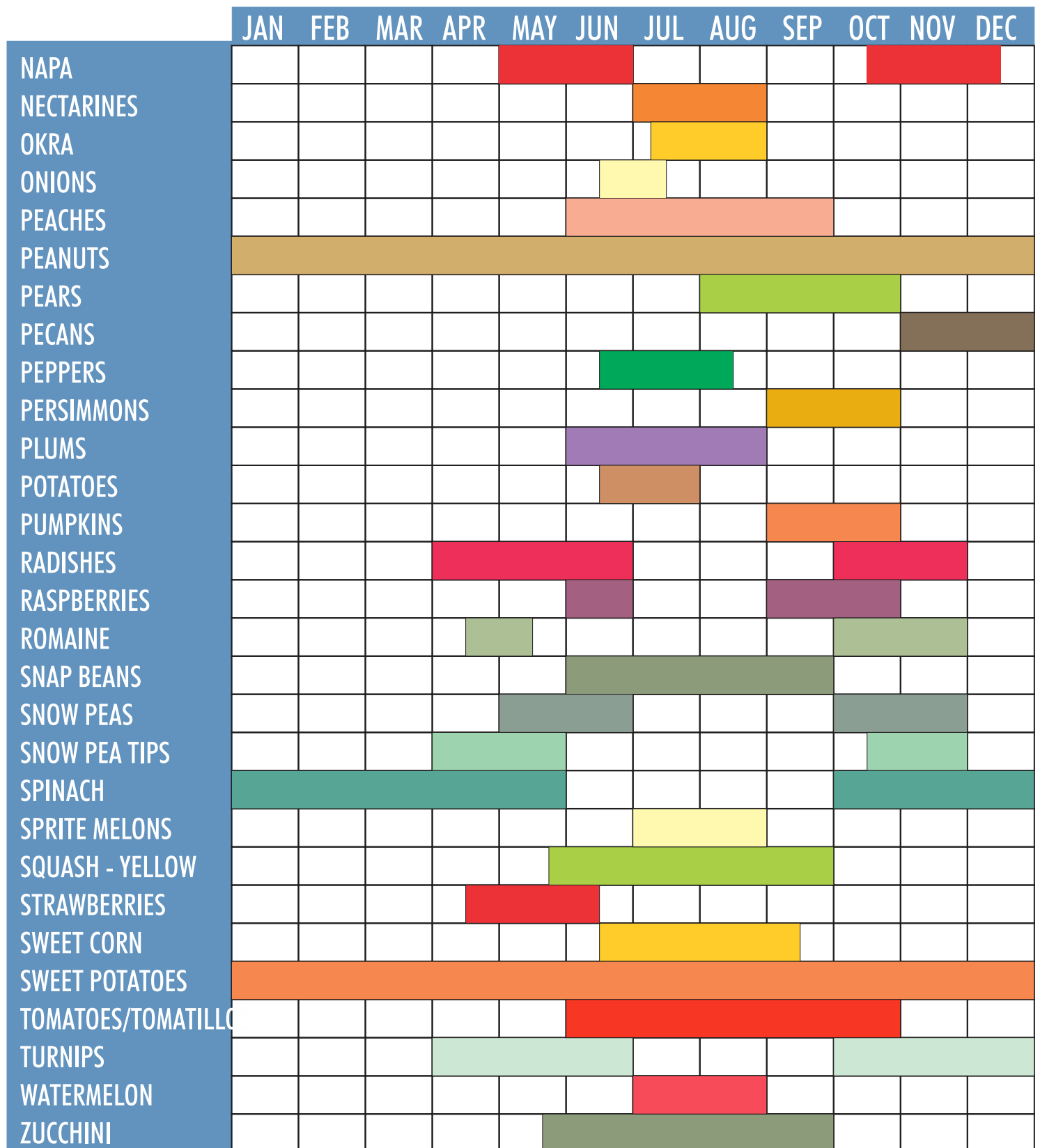


North Carolina Fruit and Vegetable Availability

Insist on buying locally grown food in grocery stores, restaurants, in the work place and schools,
Or- buy direct from a local grower at a farmers market, pick-your-own or roadside farm market.





For directories and more information about NC produce, visit www.ncdamarkets.org.

Agriculture is NC's # 1 industry. When you see the Goodness Grows in North Carolina logo on food products, you are contributing to the economic growth of North Carolina and to our farmers.

